



Ayurveda Association of Florida & American Association of Ayurvedic Professionals

AYURVEDA & YOGA: INTEGRATING MEDICAL SCIENCE & NATURE

Warren Willis Conference Center • Fruitland Park, Florida • November 4th - 6th, 2022

Conference Conveners: **Dr. Aparna Bapat**, President of AAF & **Dr. Vivek Shanbhag**, President of AAAP

In collaboration with :

National Organizations:

AUM

Ayurveda Union of Midwest

CAC

Council for Ayurveda Credentialing)

CAR

Council for Ayurveda Research

COLORAMA

Colorado Ayurvedic Medical Association

TAPAS

Texas Ayurveda Practitioners Association



International Organizations:

AYUSH

Ministry of India (to be confirmed)

CAPA

Canadian Ayurvedic Practitioners Association

EUAA

European Ayurveda Association (to be confirmed)

WHO

World Health Organization (to be confirmed)

4 Nov 2022 Friday

3.00 to 4.00pm Welcome gift and Registration, badges and room assignments

5.00 to 5.30pm Welcome speech by hosts

5.30 to 6pm Keynote speech by Dr. John Douillard (pre-recorded)

6.30 to 8.00pm Meet and Greet / Dinner with regional theme

5 Nov 2022 Saturday

7.00 to 8.00am Yoga with Jessica Jacobson

8.30 to 9.30am Breakfast

9.30 to 10.30am Inauguration with local Mayor, lighting lamp, Dhanwantari Puja and mantra

10.30 to 11.00am Keynote speech by Dr. Robert Svoboda (pre-recorded)

11.00 to 12.30pm Ayurveda's Role in the Prevention and Treatment of Cancer

Moderator - Dr. Shubhangi Chumble with Dr. Bhaswati Bhattacharya & Dr. Jeffrey White

12.30 to 1.30pm Lunch

1.30 to 2.30pm Ayurvedic Herbs from Florida - Nature walk with Nina Raymond & Rupali Panse

3.00 to 3.30pm Barbara Verchot - Archeological evidence of Ayurveda and Yoga

3.30 to 4.00pm Ana Chassot-Petersen - Yoga Therapy for Healing Chronic Diseases

4.00 to 4.30pm Tea break and vendor booth visits

4.30 to 5pm Susan Etheridge - Legal Update 2023: Recent Trends Impacting the Practice of Ayurveda

5.00 to 6.00pm Keynote speech by Dr. David Frawley (pre-recorded)

6.30 to 8.00pm Dinner

8.00 to 9.00pm Dhanwantari Hawan, fire ceremony, chanting, meditation outdoors at the labyrinth

6 Nov 2022 Sunday

7.00 to 8.00am Sthira Sukham Asanam (Yoga) with Mary Bradford

8.30 to 9.30am Breakfast

9.30 to 11.00am Metabolic Disorders - Understanding BP, Thyroid, DM & Lipid Disorders from an Ayurvedic perspective

Moderator - Dr. Avi Jadhav

Panelists - Dr. Vivek Shanbhag-DM, Dr. Vijay Jain -BP, Dr. Pratibha Shah-Thyroid, Dr. Mukta Marathe-Lipid Disorders

11.30 to 12.30pm Astrology - Prediction of Major Illness - Dhanada Kulkarni and Anay Abreu

12.30 to 1.30pm Lunch break

1.30 to 3.00pm Demonstration sessions:

* Dr. Vishwanath Guddadar - Kshar sutra with Aparmarga kshar

* Dr. Archana Kulkarni - Shatadhauta ghruta and energy bars

* Dr. Ashlesha Raut - Ayurveda for body and beauty - body scrubs, masks, hairwash powders,

3.00 to 3.30pm TBA

3.30 to 4.30pm AAAP and AAF Board Presentations and Announcements / Closing ceremony / Award announcements

This schedule is subject to change without prior notice.